



GLUTE BOOTCAMP SCHEDULE



WE HAVE TWO OPTIONS:

\$169- INCLUDES:

- 2 WEEKLY GLUTE FOCUSED GROUP CLASSES FOR 8 WEEKS
 - NUTRITION COACHING
- OR

\$199- INCLUDES:

- 2 WEEKLY GLUTE FOCUSED GROUP CLASSES FOR 8 WEEKS
- NUTRITION COACHING
- 24/7 OPEN GYM ACCESS
- UPPER BODY WORKOUT PROGRAM

TUESDAY

09:15AM

**GLUTE
BOOTCAMP**

07:00PM

**GLUTE
BOOTCAMP**

THURSDAY

09:15AM

**GLUTE
BOOTCAMP**

07:00PM

**GLUTE
BOOTCAMP**

**LIMITED SPOTS
AVAILABLE SO
SIGN UP NOW!**

VITALOGY

FITNESS • NUTRITION • WELLNESS