



GLUTE BOOTCAMP SCHEDULE



2025 SCHEDULE

SEPT 16TH-NOV 4TH
&
NOV 6TH-JAN 01

LIMITED SPOTS
AVAILABLE SO
SIGN UP NOW!

TUESDAY

09:15AM

GLUTE
BOOTCAMP

07:00PM

GLUTE
BOOTCAMP

THURSDAY

09:15AM

GLUTE
BOOTCAMP

07:00PM

GLUTE
BOOTCAMP

WE HAVE TWO OPTIONS:

\$169- INCLUDES:

- 2 WEEKLY GLUTE FOCUSED GROUP CLASSES FOR 8 WEEKS
 - NUTRITION COACHING
- OR

\$199- INCLUDES:

- 2 WEEKLY GLUTE FOCUSED GROUP CLASSES FOR 8 WEEKS
- NUTRITION COACHING
- 24/7 OPEN GYM ACCESS
- UPPER BODY WORKOUT PROGRAM

VITALOGY

FITNESS • NUTRITION • WELLNESS